

# Post 156

## LEGION BASEBALL TRYOUTS



### WHY LEGION BASEBALL?

Post 156 Legion baseball offers a fun, competitive environment for players 14-19U focused on skills development at less than half the typical club cost.



### BENEFITS

- Year-round training
- Professional Hitting & Pitching staff
- College Recruiting Support
  - Advanced tech (Rapsodo)
  - PBR Scout Day

### BASEBALL/LIFE BALANCE

#### Summer:

Mid-May thru July (25-30 games)  
Limited weekend commitments  
State postseason opportunity

#### Fall Ball (Optional)

12-15 games + weekly practices

#### Winter

2x week workouts



### 2026 TRYOUT DATES FOR 14U, 15U, 17U & 19U TEAMS

June 29 4-6PM

July 15 6-8PM

July 8 6-8PM

All Tryouts at Kirkwood HS

Visit [Post156Baseball.com/tryouts](https://Post156Baseball.com/tryouts) to Register